# Course Description

This course is an introduction to the profession of counseling, and it is designed to acquaint individuals who are preparing to enter the counseling profession with a broad overview of the profession’s historical and theoretical foundations, as well as to begin the development of a professional identity. Roles and responsibilities of counselors across a variety of settings will be examined, including involvement in professional organizations and associations, exploration of professional preparation standards, and the need for advocacy in support of the counseling profession and counseling clients. Ethical codes, legal statues, and emerging professional issues and trends in the counseling field will be addressed. Students will be introduced to the basic skills of helping.

**University Learning Outcomes (ULO)**

* **ULO1:** Knowledge of Human Cultures and the Physical and Natural World
* **ULO2:** Intellectual and Practical Skills
* **ULO3:** Personal and Social Responsibility
* **ULO4:** Integrative and Applied Learning
* **ULO5:** Immersed in the Critical Concerns of the Sisters of Mercy of the Americas

# Program Learning Outcomes (PLO)

* **PLO1:** Apply theoretical and practical knowledge in support of your professional practice. (ULO 2, 4)
* **PLO2:** Utilize educational research and develop your own research interests and agenda. (ULO 2, 3)
* **PLO3:** Examine and critique the economic, political, cultural, historical, and social influences that impact education in the United States. (ULO 1, 3, 5)
* **PLO4:** Apply policies, statutes, and rules established by state and local agencies relating to judicious application of disciplinary methods and behavioral procedures. (ULO 3, 4)
* **PLO5:** Identify and use instructional methods and curricula that are appropriate and effective in meeting the needs of individual learners. (ULO 1, 2, 4, 5)

# Course Outcomes

* **CLO1**: Explain the profession’s historical, theoretical, and philosophical foundations.
* **CLO2**: Analyze the roles and responsibilities of counselors across a variety of settings and cultural perspectives.
* **CLO3**: Identify issues that lead clients to seek counseling.
* **CLO4:** Identify professional preparation standards in the field of counseling.
* **CLO5:** Analyze ethical codes, legal statues, and emerging professional issues and trends in the counseling field.

**Student Expectations**

Students are expected to:

* ask probing and insightful questions related to course content.
* make meaningful and relevant connections and application to their own learning process.
* be productive and contributing members of class discussions.

# Required Course Materials

Erford, B. T. (2014). *Orientation to the counseling profession: advocacy, ethics, and essential professional foundations* (2nd ed.). Upper Saddle River, NJ: Pearson.

ISBN: 100133390683

Note: Students are required to purchase the video-enhanced text, and to have access to a webcam and a microphone for this course.

# Suggested Point Values

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Assessment** | **Point Value** | **Due** |
| **Week 1** | |  |  |
|  | Discussion: Consultation and Supervision | 30 | <insert due date> |
|  | Discussion: Theoretical Paradigms | 40 | <insert due date> |
|  | Assignment: Historical Foundations of Counseling | 40 | <insert due date> |
|  | Pre-Practicum Assignment: Counselor’s Information | 10 |  |
| **Week 2** | |  |  |
|  | Discussion: Ethical Issue Review | 40 | <insert due date> |
|  | Discussion: Decision Making Using Ethical Standards | 60 | <insert due date> |
| **Week 3** | |  |  |
|  | Discussion/Conference/Analysis: Microskills Role-Playing Scenario | 100 | <insert due date> |
|  | Discussion: The Counseling Process | 40 | <insert due date> |
|  | Assignment: Cross-Cultural Counseling | 40 | <insert due date> |
| **Week 4** | |  |  |
|  | Discussion: Community and School Counseling | 30 | <insert due date> |
|  | Discussion: School Counselors | 40 | <insert due date> |
|  | Assignment: Counseling Responsibilities | 70 | <insert due date> |
| **Week 5** | |  |  |
|  | Discussion: Treatment Approaches Case Study | 30 | <insert due date> |
|  | Discussion/Project: Client Issues Website | 100 | <insert due date> |
| **Week 6** | |  |  |
|  | Discussion: Client Advocacy | 30 | <insert due date> |
|  | Assignment: Process of Advocacy | 60 | <insert due date> |
|  | Discussion/Project: Assessment and Evaluation Processes Website Addition | 50 | <insert due date> |
| **Week 7** | |  |  |
|  | Discussion: Professional Organizations | 50 | <insert due date> |
|  | Discussion: Future of Counseling Discussion | 40 | <insert due date> |
|  | Assignment: Future of Counseling | 80 | <insert due date> |
|  | Journal: Certification Requirements | 30 | <insert due date> |
|  |  |  |  |
| **Total Points** | | **1000** |  |

# Course Schedule

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| --- | --- | --- |
| **Week** | **Start** | **End** |
| One | <insert start date> | <insert end date> |
| Two |  |  |
| Three |  |  |
| Four |  |  |
| Five |  |  |
| Six |  |  |
| Seven |  |  |

# Weekly Learning Modules

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| Week One: Foundations of Professional Counseling |  | |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Summarize the historical foundations of the counseling profession. | CLO1 | |
| * 1. Compare consultation and supervision. | CLO2 | |
| * 1. Identify components of various theoretical paradigms. | CLO1 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Tutorials**  During this course you will be asked to use and participate in various technologies to complete activities and assignments.  **Review** the tutorials available on Blackboard as needed.  **Click** the Technology Tutorials button from the menu on the left. | N/A | N/A |
| **Weekly Participation and Discussion**  The purpose of the weekly discussions is to provide you with a way to synthesize the concepts presented in this course. Each week, you will respond to the discussion questions with a substantive post of 200- to 250-words that addresses all the prompts for the question by 11:59 p.m. EST of the listed due date. By the conclusion of each week, Sunday at 11:59 p.m. EST, you will make at least one substantive comment of 100- to 150-words to three of your classmates’ posts for each assigned discussion question. Your comments must further the discussion by following the RISE Model for meaningful feedback. It is recommended that you check in periodically throughout the week to ensure that you are meeting the participation requirement.  **Review** the RISE Model for Peer Feedback available on Blackboard. | N/A | N/A |
| **Resource: EDU 505: Introduction to Counseling Lecture**  **Watch** the “EDU 505: Introduction to Counseling” lecture [1:41] on Blackboard: <https://vimeo.com/94081236>  **Post** any questions or comments to the Week One Discussion Forum. | COURSE |  |
| **Week One Reading**  **Read** the following sections of*Orientation to the Counseling Profession*.   * Ch. 1 * Ch. 4 * Ch. 14   **Post** any questions or comments to the Week One Discussion Forum. | WEEK1 |  |
| **Resource: ACA Code of Ethics**  **Read** the following sections of the ACA Code of Ethics at: <http://www.counseling.org/knowledge-center/ethics>   * D.2: Provision of Consultation Services * F.1: Counselor Supervision and Client Welfare * F.2: Counselor Supervision Competence * F.3: Supervisory Relationship * F.4: Supervisor Responsibilities * F.5: Student and Supervisee Responsibilities   **Post** any questions or comments to the Week One Discussion Forum. | 1.2 | Reading: review and post response = **1 hour** |
| **Icebreaker Activity**  **Welcome** to the first week of the course!  **Create** a wall on Padlet (<http://padlet.com/>) to introduce yourself to your classmates.  **Post** images that represent what you currently teach, your interests and hobbies, what you love most about education, and your professional goals. Include a short description with each photo.  **Post** a link to your Padlet wall to the Icebreaker Activity discussion forum by Thursday.  Note: For information on how to create and post to a Padlet Wall review the Tutorials section. | N/A | Padlet post: post and share = **.5 hours** |
| **Upcoming Assignments: Pre-Practicum Experience**  For this course you are expected to complete six hours of pre-practicum experience. For this experience you are to find a school counselor you can “shadow” and observe in their daily work activities. You want to use this experience to learn as much as you can about the role of the school counselor and their duties.  Please make sure to use the Pre-Practicum time sheet to document your hours (must be signed by counselor you are observing.  **Review** the Pre-Practicum Field Experience Log.  You will be expected to report on your observations in several assignments for this class:   * Week Two: “Ethical Issue Review” assignment * Week Four: “School Counselors” assignment * Week Five: “Client Issues” assignment * Week Six: “Process of Advocacy” assignment   Please review these assignments NOW so you know some of the discussions you should be having with the school counselor you observe.  **Post** any questions or comments to the Week One Discussion Forum. | N/A |  |
| **Upcoming Assignment: Counseling Responsibilities**  **Review** the instructions for the Counseling Responsibilities assignment, due in Week Four.  **Begin** thinking about the assignment and arranging the interview component. | NA |  |
| **Extension: Supervision**  **Watch** the video in the “Models of Consultation” section in Ch. 14 of *Orientation to the Counseling Profession.*  **Consider** the following questions as you watch the video:   * Why is the colleague wary of providing assistance to the counselor in the video? * Do you agree with the colleague’s actions? Why?   **Post** any comments or questions in the Week One General Discussion Forum. | 1.2 | Video: review and post response = **1 hour** |
| ***Supplemental Learning Resources and Activities****: These resources and activities provide further exploration of content, supplemental information, and skill building. Students may complete items in this section on their own or as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Adobe Connect Live Discussion**  **Participate** in the scheduled live session with the course instructor. This session will provide an overview of the class and discuss the major assignments in the course.  **Prepare** to ask questions concerning the content of the week and the course as a whole.  Note: A recorded lecture will be made available to those who are unable to attend the live session. | COURSE | Adobe Connect: Synchronous activity with instruction and discussion = **1 hour** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Consultation and Supervision**    **Respond** to the following questions in the “Consultation and Supervision” discussion forum by Thursday:   * How are consultation and supervision similar and how are they different? * Why do you think it is important for a counselor to understand these differences?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 1.2 | Discussion: one post and replies to three other posts = **1 hour** |
| **Discussion: Theoretical Paradigms**  You will be assigned a theoretical paradigm. Check Blackboard announcements for your assigned paradigm.   * Psychodynamic Paradigm * Humanistic/Existential Paradigm * Behavioral/Cognitive-Behavioral Paradigm * Family Systems Paradigm   **Post** the following to the “Theoretical Paradigm” discussion forum by Thursday:   * **Identify** the components of your theoretical paradigm. * **Explain** how this paradigm affects the way counselors approach working with clients.   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to each of the theoretical paradigms, excluding your own, by Sunday. | 1.3 | Wiki: one post and replies to three other posts = **2 hours** |
| **Assignment: Historical Foundations of Counseling**  **Imagine** that you have been tasked with creating a resource for your fellow counselors on the history of the counseling profession.  **Create** a timeline using an online tool of your choice, such as Tiki-Toki (<http://www.tiki-toki.com/>), that summarizes the historical foundations of the counseling profession.  **Include** the people, issues, and societal forces that have shaped the counseling profession.  **Submit** a link to your timeline to Blackboard no later than 11:59 p.m. EST on Sunday. | 1.1 | Timeline: one private post = **.5 hours** |
| **Pre-Practicum Assignment: Counselor’s Information**  **Submit** the following information to your instructor no later than 11:59 p.m. EST on Sunday:   * Counselor’s name * Counselor’s contact information (phone/e-mail) * Name of counselor’s school * Name of counselor’s school district   Note: If there is any reason you will not be able to supply this information by the end of Week One, contact your instructor immediately. | n/a |  |

# Faculty Notes

* Theoretical Paradigms: (Week 1 assignment) Assign a theoretical paradigm to each student so they can complete the assignment.
* Make sure students title the weekly discussion posts the same as the title listed for the assignment. Having them use the same titles makes grading easier.

Assignment Preparation – (Week 2 assignment) Counseling Laws Wiki: Use the table in the Counseling Laws Wiki document as a guide to set up the wiki for the class. Directions: 1. Week 2, 2. Learning and Resources folder, 3. Click on counseling law wiki document, 4. Copy and paste document, 5. Click on counseling laws wiki assignment, 6. Under Wiki page content name the wiki counseling laws wiki, 7. In the content area paste the wiki document that you copied from the previous page, 8. The Wiki is now created for students to add responses, 9. Students should click on edit Wiki content to add material.

* Assignment Preparation: Assign students to groups in Blackboard so they can prepare for the Microskills Role-Playing Scenario assignment, due in Week Three.

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| Week Two: Ethical and Legal Issues |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Explain ethical standards and laws related to the field of counseling. | CLO5 | |
| * 1. Analyze the process of making ethical decisions. | CLO5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Week Two Reading**  **Read** the following section of *Orientation to the Counseling Profession*.   * Ch. 5   **Post** any questions or comments to the Week Two Discussion Forum. | WEEK2 |  |
| **Resource: ACA Code of Ethics**  **Read** the remaining sections of the American Counseling Association (ACA) Code of Ethics at: <http://www.counseling.org/knowledge-center/ethics>  **Post** any questions or comments to the Week Two Discussion Forum. | WEEK2 | Reading: review and post response = **1 hour** |
| **Resource: Disclosure and Consent Documents**  **Review** “Table 3.1 Professional Disclosure Statement” in Ch. 3 of *Orientation to the Counseling Profession*.  **Consider** the following questions in light of your reading:   * Why is it important to use professional disclosure and informed consent statements? * In what situations might you use these? Support your response with examples.   **Post** any questions or comments to the Week Two Discussion Forum. | WEEK2 | Discussion: one post and replies to three other posts = **1 hour** |
| **Course Activity: Counseling Laws Wiki**  You will help contribute to the creation of a shared resource detailing counseling laws. At the conclusion of this activity, you should have a list of important laws and their effects of counselors.  **Identify** an important law related to the field of counseling and post it to the Counseling Laws Wiki on Blackboard by Sunday.  **Summarize** the law and explain how it affects counselors in the Summary column.  Note: Do not duplicate laws already posted to the wiki.  Note: To receive credit for this activity, include your name with your posts. | 2.1 | Wiki: one post and replies to three other posts = **2 hours** |
| **Upcoming Assignment: Microskills Role Playing Scenario**  **Read** the assignment instructions for the Microskills Role-Playing Scenario assignment, due in Week Three.  **Meet** with your assigned partner to begin planning your role-play activity.  **Consider** holding a practice session using your selected videoconferencing tool. | NA | Assignment preparation: team discussion = **.5 hours** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Ethical Issue Review**  **Select** an ethical issue from the list on Blackboard.  **Locate** a journal article published within the last five years relating to your selected ethical issue.  **Discuss** the ethical issue with the school counselor you are observing and determine how the school counselor and the school deals with the issue.  **Summarize** the article in the “Ethical Issue Review” discussion forum and complete the following by Thursday:   * Identify the ethical standards or laws discussed in the article. * Explain how the school and school counselor dealt with this ethical issue. * Explain how these standards impact the field of counseling with a focus on the school setting. * Explain any recommendations made in the article and by the school counselor you are observing for improving ethical practices in counseling related to this issue.   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 2.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Discussion: Decision Making Using Ethical Standards**  **Review** the seven steps in the ACA’s decision-making model as described in the “Decision Making Using Ethical Standards” section in Ch. 3 of *Ethical and Legal Issues in Counseling*.  **Read** the “Voices From the Field 3.2 Ethics Case Study: Sarah, by Nadline Harting” section in Ch. 3 of *Orientation to the Counseling Profession.*  **Respond** to the following questions in the “Decision Making Using Ethical Standards” discussion forum by Friday:   * What are the ethical and legal issues in this case study? * How would you use the seven steps in the ACA’s decision-making model to address the ethical and legal issues? What are your recommendations for the client? * What are the four self-tests recommended by Remley and Herlihy (as cited in Erford)? How do these tests improve the ethical decision-making process? * After applying these self-tests to the case study, do you think your recommendations are ethical?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ posts by Sunday.  **Reference**  Erford, B. T. (2014). Orientation to the counseling profession: advocacy, ethics, and essential professional (2nd ed.). Upper Saddle River, NJ: Pearson.  ISBN: 100133390683 | 2.1, 2.2 | Discussion: private post, share, and comment = **1.5 hours** |

Faculty Notes

* Remember to remove the **supplemental assignments** from your syllabus if you do not use them. You can hide them in Blackboard by clicking on the supplemental folder arrow, clicking edit, and click “no” on Allow Users to view this content. You will also need to hide supplemental discussion boards that you do not use by going to the discussion board under Course Tools and making the discussion board unavailable.

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| Week Three: The Counseling Process |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Analyze the counseling process. | CLO2 | |
| * 1. Determine the importance of developing a multicultural practice. | CLO2, CLO5 | |
| * 1. Determine how to appropriately apply microskills. | CLO2 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Resource: Microskills Lecture**  **Watch** the “Microskills” lecture [8:30] on Blackboard at: <https://vimeo.com/94671065> | WEEK3 |  |
| **Week Three Reading**  **Read** the following sections of *Orientation to the Counseling Profession*:   * Ch. 5 * Ch. 6 | WEEK3 |  |
| **Resources: Microskills Videos**  **Watch** the videos in the following sections in Ch. 6 of *Orientation to the Counseling Profession*:   * “Eye Contact” * “Open and Closed Questions” * “Reflecting Skills”   **Post** any questions or comments to the Week Three Discussion Forum. | 3.3 | Video: review and post response = **1.5 hour** |
| **Resource: Gender and Culture Article**  **Read** the following article from the Lourdes Library:  Passalacqua, S., & Cervantes, J. M. (2008). Understanding gender and [culture](http://libproxy.gmc.edu:2048/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=aph&AN=31822429&site=ehost-live) within the context of spirituality: implications for counselors. *Counseling and Values*, *52*(3), 224-239.  **Post** any questions or comments to the Week Three Discussion Forum. | 3.2 | Article: review and post response = **1 hour** |
| ***Supplemental Learning Resources and Activities****: These resources and activities provide further exploration of content, supplemental information, and skill building. Students may complete items in this section on their own or as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Extension: Counseling Characteristics Exercise**  **Complete** “Activity 5.3: Counseling Characteristics Exercise” in Ch. 5 of *Orientation to the Counseling Profession*.  **Post** any questions or comments to the Week Three Discussion Forum. | 3.3 | Journal: one private post = **.5 hours** |
| **Extension: Multicultural Competence**  **Watch** the “Multicultural Competence” video [19:45] on YouTube at: <https://www.youtube.com/watch?v=M-Csv40dUXs>  **Post** any questions or comments to the Week Three Discussion Forum. | 3.2 | Video: review and post response = **1.5 hour** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion/Conference/Analysis: Microskills Role-Playing Scenario**  **Review** the videos in the following sections in Ch. 6 of *Orientation to the Counseling Profession*:   * “Eye Contact” * “Open and Closed Questions” * “Reflecting Skills”   **Imagine** you are seeking career counseling because of a job loss, you want to change careers, or you are unhappy in your current career. You and your partner will take turns acting as the counselor and the client.  **Complete** the following using a videoconferencing tool of your choice, such as ooVoo (<http://www.oovoo.com>) or WebEx (<http://www.webex.com/>), by Thursday:   * Meet with the partner assigned to you in Week Two. Record your session so you can review your performance. * Perform the scenario using the webcam feature in your videoconferencing tool to practice using the following microskills:   + Eye contact   + Body positioning   + Vocal tone   + Open and closed questioning   + Paraphrasing   + Reflecting meaning and feelings   + Summarizing * Take turns acting as the counselor and the client.   **Write** a critique of your partner’s use of the microskills by Friday and post it to your group discussion forum.  **Write** a reflection on your use of the microskills. Consider the following questions:   * Why is it important for a counselor to use each microskill appropriately? * What did you do well? What could you improve? * What will you do in the future to improve your use of each microskill?   **Submit** the critique you posted, the critique you received, and your reflection in a Microsoft Word document to Blackboard by Sunday.  **Submit** a recording of your role-play activity to your instructor. | 3.3 | Scenario: scenario analysis & posting = **3 hours** |
| **Discussion: The Counseling Process**  **Review** the stages of the TransTheoretical Model (TTM) in “The Counseling Process and Stages of Change” section in Ch. 5 of *Orientation to the Counseling Profession*.  **Review** the “Case Study 5.1” section in Ch. 5 of *Orientation to the Counseling Profession*.  **Respond** to the following questions in the “Counseling Process” discussion forum by Friday:   * How do the stages of the TransTheoretical Model build upon and relate to one another? * Why is it important to help clients move through the stages in the TransTheoretical Model? * How would you use the stages of the TransTheoretical Model to work with Flo and prepare her to terminate the counseling relationship?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 3.1 | Case Study: Analysis and posting = **2 hours** |
| **Assignment: Cross-Cultural Counseling**  **Write** a 500–700-word paper explaining cross-cultural counseling.  **Address** the following questions in your paper:   * Why do you think it is important for counselors to prepare for a multicultural practice? * What are the three guidelines for multicultural best practice suggested by Murphy and Dillon (as cited by Erford? How would these guidelines help a counselor develop a multicultural practice? * How might you implement these guidelines in a counseling practice?   **Format** your paper according to APA requirements, and submit it to Blackboard by Sunday.  **Reference**  Erford, B. T. (2014). *Orientation to the counseling profession: advocacy, ethics, and essential professional* (2nd ed.). Upper Saddle River, NJ: Pearson.  ISBN: 100133390683 |  | Blog: private post = **.5 hours** |

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| Week Four: Counseling Roles and Responsibilities |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Analyze counselors’ responsibilities in primary schools, higher education facilities, and mental health and rehabilitation facilities. | CLO2 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Week Four Reading**  **Read** Ch. 11 of *Orientation to the Counseling Profession*.  **Post** questions and comments in the Week Four General Discussion Forum. | 4.1 |  |
| **Resource: Social Service Agencies**  **Read** “Activity 11.2 School Counselors Need to Connect with Social Service Agencies” in Ch. 11 of *Orientation to the Counseling Profession.*  **Consider** the following questions as you read:   * What services are provided by the social service agencies you researched? What are their referral procedures? * How can these agencies help a school counselor assist a child in need?   **Post** questions and comments in the Week Four General Discussion Forum. | 4.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Extension and Practice: Website Critique**  **Complete** “Activity 11.8 Critiquing a Website” in Ch. 11 of *Orientation to the Counseling Profession*.  **Post** questions and comments in the Week Four General Discussion Forum. | 4.1 | Discussion: one post and replies to three other posts = **1 hour** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Community and School Counseling**  **Complete** the following in the “Community and School Counseling” discussion forum by Thursday:   * **Compare** counseling in community mental health settings and counseling within a school setting. How are they similar and how are they different? What do you think would be the benefits and challenges of working in each?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 4.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Discussion: School Counselors**  **Imagine** you would like to be a professional school counselor, but you are unsure if you would prefer to work at the elementary, middle, or high school level.  Based on your observations and discussions with the school counselor you are observing during your pre-practicum experience **respond** to the following questions in the “School Counselors” discussion forum by Thursday:   * What are counselors’ responsibilities at each level? * What are some developmental issues students at each level may encounter? * Are there any additional aspects of counseling at each level prospective counselors should consider?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 4.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Assignment: Counseling Responsibilities**  **Imagine** that you have been tasked with recruiting counselors for positions in primary schools, higher education facilities, and mental health and rehabilitation facilities.  **Write** a job description for a counseling position in each of the following fields:   * Elementary schools * Middle schools * High schools * Higher education facilities * Mental health and rehabilitation facilities   **Include** the following components in your job descriptions:   * The specific functions and responsibilities of the position * The types of clients the counselor would serve * The client issues the counselor would likely face   **Select** the job description that is of most interest to you.  **Interview** a counselor that works in that particular field. Ask this person the following:   * How accurate is the job description? What would he or she add or remove to make it more accurate? * What challenges does this person face in his/her position? What does this person enjoy about his/her position?   **Write** a 250–400-word summary of your interview.  **Compile** your job descriptions and interview summary into a Microsoft Word document and submit it to Blackboard by Sunday.  Note: Record this assignment in your pre-practicum log. For more information about the pre-practicum field experience log requirements, please contact the School Counseling Program Director. | 4.1 | Paper and interview = private post, interview, and discussion = **1.5 hours** |

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| Week Five: Client Issues |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Identify issues that lead people to seek counseling. | CLO3 | |
| * 1. Identify the components of an assessment and treatment plan. | CLO3 | |
| * 1. Outline treatment approaches for a variety of issues. | CLO3 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Week Five Reading**  **Read** the following sections of *Orientation to the Counseling Profession*:   * Ch. 12 * Ch. 13   **Post** any questions or comments to the Week Five General Discussion Forum. | WEEK5 |  |
| **Resource: Conducting a Counseling Session Video**  **Watch** the “How to Conduct a 1st Counseling Session: Treatment Fit” video [9:59] on YouTube: <https://www.youtube.com/watch?v=xrHgOoNBiWk>  **Post** any questions or comments to the Week Five General Discussion Forum. | 5.2 | Video: review and post response = **1 hour** |
| **Resource: Treatment Planning in CBT**  **Watch** the “Treatment Planning in CBT” video [3:19] on YouTube: <https://www.youtube.com/watch?v=Nsq1E5cggl8>  **Post** any questions or comments to the Week Five General Discussion Forum. | 5.2 | Video: review and post response = **1 hour** |
| **Extension and Practice: Twelve-Step Groups**  **Complete** Activity 12.8 in Ch. 12 of *Orientation to the Counseling Profession.*  **Post** any questions or comments to the Week Five General Discussion Forum. | 5.3 | Discussion: one post and replies to three other posts = **1 hour** |
| ***Supplemental Learning Resources and Activities****: These resources and activities provide further exploration of content, supplemental information, and skill building. Students may complete items in this section on their own or as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Extension: Substance Abuse**  **Complete** Activity 12.2 in Ch. 12 of *Orientation to the Counseling Profession* in the “Substance Abuse” discussion forum.  **Post** any questions or comments to the Week Five General Discussion Forum. | 5.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Extension: ACA and IAAOC**  **Complete** Activity 12.6 in Ch. 12 of *Orientation to the Counseling Profession* in the “ACA and IAAOC” discussion forum.  **Post** any questions or comments to the Week Five General Discussion Forum. | 5.1, 5.2 | Discussion: one post and replies to three other posts = **1 hour** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Treatment Approaches Case Study**  **Read** the case studies in Activity 13.1 in Ch. 13 of *Orientation to the Counseling Profession.*  **Choose** one of the cases and outline the treatment approach you would suggest for the client in the “Treatment Approaches Case Study” discussion forum by Thursday. Provide the rationale for your decisions.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 5.3 | Case Study: Analysis and posting = **2 hours** |
| **Discussion/Project: Client Issues Website**  **Imagine** that you have been tasked with creating a resource for a school counseling center’s website that covers common issues people seek counseling for and potential treatment plans.  **Create** a website using an online tool of your choice, such as Weebly (<http://www.weebly.com>) or Google Sites (<https://sites.google.com>), that includes the following:   * Identify and describe the common issues that lead people to seek counseling in the school setting. * Identify the components of an intervention plan according to the BASIC ID model and the DO A CLIENT MAP model as appropriate. * Outline potential intervention approaches for each of the common issues you identified. * Make sure to include what you have learned from your pre-practicum experience during this class.   **Post** a link to your website to the “Client Issues” discussion forum by Friday.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ posts by Sunday. Offer feedback on the treatment approaches outlined. | WEEK1 | Website: private post, share, and comment = **1.5 hours** |

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| Week Six: Accountability and Advocacy |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Analyze the process of advocacy. | CLO2 | |
| * 1. Explain the importance of accountability in the counseling profession. | CLO2 | |
| * 1. Outline the needs assessment and program evaluation processes. | CLO2 | |
| ***Required Learning Resources and Activities: Students must complete any resources activities listed in this section as selected by the instructor.*** | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Week Six Reading**  **Read** Ch. 9, 10, & 15 of *Orientation to the Counseling Profession.*  **Post** any questions or comments to the Week Six General Discussion Forum. | WEEK5 |  |
| **Resource: Accountability**  **Watch** the video in the “Defining Advocacy” section in Ch. 9 of *Orientation to the Counseling Profession.*  **Consider** the following questions as you watch the video:   * What do you think it means to be accountable? * Why do you think it is important for counselors to be accountable to their peers and clients?   **Post** any questions or comments to the Week Six General Discussion Forum. | 6.2 | Video and discussion: one post and replies to three other posts = **1 hour** |
| **Resource: Program Evaluation**  **Read** the following article:  Sink, C. A. (2009). School counselors as accountability leaders: another call for action. *Professional School Counseling*, 13(2), 68–74.  **Post** any questions or comments to the Week Six General Discussion Forum. | 6.2 | Reading: review and post response = **1 hour** |
| **Upcoming Assignment: Future of Counseling**  **Review** the instructions for the Future of Counseling assignment due in Week Seven.  **Begin** researching topics for your assignment. | NA |  |
| ***Supplemental Learning Resources and Activities: These resources and activities provide further exploration of content, supplemental information, and skill building. Students may complete items in this section on their own or as selected by the instructor.*** | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Extension: Advocacy Plan**  **Complete** Activity 9.18 in Ch. 9 of *Orientation to the Counseling Profession*.  **Post** any questions or comments to the Week Six General Discussion Forum. | 6.1 | Journal: one private post = **.5 hours** |
| ***Assignment: Students must complete the weekly assignment(s).*** | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Client Advocacy**  **Complete** Activity 10.3 in Ch. 10 of *Orientation to the Counseling Profession*and post it to the “Client Advocacy” discussion forum by Thursday.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 6.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Assignment: Process of Advocacy**  **Write** a 700–1,050-word paper explaining the process of advocacy.  **Include** in your response all observations and discussions you have had with the school counselor you observed during your pre-practicum experience in this class.  **Include** the following in your paper:   * Identify the steps in the process of advocacy. * Analyze how the steps build upon and relate to one another and how each step allows a counselor to better advocate for an issue or client. * Provide an example of how you might implement each step as a counselor.   **Format** your paper according to APA requirements.  **Submit** it in Blackboard by Sunday. | 6.1 | Paper: one private post = **.5 hours** |
| **Discussion/Project: Assessment and Evaluation Processes Website Addition**  **Imagine** you have been tasked with creating a resource on the assessment and evaluation processes for counselors just entering the profession.  **Create** a new section in the website you developed for the Client Issues assignment in Week Five. This section will focus on the needs assessment and program evaluation processes.  **Include** the following:   * Explain the importance of accountability to the counseling profession. * Outline the needs assessment and program evaluation processes. * Explain the importance of conducting a needs assessment for clients. * Explain the importance of conducting program evaluations.   **Post** a link to the new section of your website to the “Assessment and Evaluation” discussion forum by Friday.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ posts by Sunday. | 6.2, 6.3 | Website: private post, share, and comment = **1.5 hours** |

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| Week Seven: Future of Counseling |  |  |
| ***Learning Objectives*** | ***Alignment*** | |
| * 1. Analyze issues that may impact the future of counseling. | CLO5 | |
| * 1. Identify your state’s licensure and certification requirements. | CLO4 | |
| * 1. Explain the benefits of participating in professional organizations. | CLO2 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Resource: EDU505 Course Wrap-Up Video**  **Watch** the “EDU505 Course Wrap-Up” lecture [4:45] on Vimeo at: (<https://vimeo.com/94672071>).  **Post** any comments or questions to the Week Seven Discussion Forum. | COURSE |  |
| **Week Seven Reading**  **Read** the following sections of *Orientation to the Counseling Profession*:   * Ch. 1 * Ch. 2 * Ch. 16   **Post** any comments or questions to the Week Seven Discussion Forum. | WEEK7 |  |
| **Resource: Professional Organizations Videos**  **Watch** the following video on YouTube: “Dr. Robert Masson on the value of joining professional organizations” video [3:24] on YouTube (<https://www.youtube.com/watch?v=W-wCK5Jd6Ug>).  **Post** any comments or questions to the Week Seven Discussion Forum. | 7.3 | Video: review and post response = **1 hour** |
| **Reflection: Course Reflection**  **Reflect** on the concepts covered in the preceding weeks of this course.  **Respond** to the following questions in the “Course Reflection” discussion forum by Sunday:   * What have you learned from the course? * What information have you found most valuable? * What questions do you have about topics covered in this course? | COURSE | Discussion: one post and replies to three other posts = **1 hour** |
| ***Supplemental Learning Resources and Activities****: These resources and activities provide further exploration of content, supplemental information, and skill building. Students may complete items in this section on their own or as selected by the instructor.* | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Adobe Connect Live Discussion**  **Participate** in the scheduled live session with the course instructor. This session will provide a recap of the class and will allow you to reflect on the concepts covered in this course.  **Prepare** to ask questions concerning the content of the week and the course as a whole.  Note: A recorded lecture will be made available to those who are unable to attend the live session. | COURSE | Adobe Connect: Synchronous activity with instruction and discussion = **1 hour** |
| ***Assignment****: Students must complete the weekly assignment(s).* | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Discussion: Professional Organizations**  **Review** the “VOICES FROM THE FIELD 2.1 The importance of Joining Professional Associations as A Graduate Student, by Carolyn Berger” section in Ch. 2 of *Orientation to the Counseling Profession.*  **Respond** to the following questions in the “Professional Organizations” discussion forum by Thursday:   * What are the benefits of participating in professional organizations? * How do these benefits align with your professional goals?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts on at least three of your classmates’ posts by Sunday. | 7.3 | Discussion: one post and replies to three other posts = **1 hour** |
| **Discussion: Future of Counseling Discussion**  **Respond** to the following questions in the “Future of Counseling” discussion forum by Thursday:   * Which issue related to the future of counseling are you focusing on for your Future of Counseling Assignment? * Based on the research you’ve done so far, how might this issue affect the future of counseling? * What recommendations would you provide to fellow students to help them manage the changes related to this issue?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to at least three of your classmates’ responses by Sunday. | 7.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Assignment: Future of Counseling**  **Select** an issue you think impacts the future of counseling, such as evidence-based practices and outcomes research, managed care, multiculturalism, technology, gatekeeping, advocacy, mentoring and leadership, or professional unity.  **Write** a 1,050–1,400-word paper that analyzes how this issue will impact the future of counseling.  **Include** how you think this issue will affect you as a counselor and recommendations for managing the changes associated with this issue.  **Format** your paper according to APA requirements, and submit it to Blackboard by Sunday. | 7.1 | Paper: one private post = **.5 hours** |
| **Journal: Certification Requirements**  **Post** the following to the Certification Requirements journal on Blackboard by Sunday**:**   * Your state’s certification requirements for becoming a school counselor. * Your state’s requirements for becoming a licensed professional counselor. | 7.2 | Journal: one private post = **.5 hours** |

# Breakdown of Academic Instructional Equivalencies

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| **Week 1** |  |  |
| Required |  | 6 |
| Supplemental |  | 1 |
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| **Week 2** |  |  |
| Required |  | 7 |
| Supplemental |  | 0 |
|  |  |  |
| **Week 3** |  |  |
| Required |  | 8 |
| Supplemental |  | 2 |
|  |  |  |
| **Week 4** |  |  |
| Required |  | 5.5 |
| Supplemental |  | 0 |
|  |  |  |
| **Week5** |  |  |
| Required |  | 5.5 |
| Supplemental |  | 2 |
|  |  |  |
| **Week 6** |  |  |
| Required |  | 5 |
| Supplemental |  | 0.5 |
|  |  |  |
| **Week 7** |  |  |
| Required |  | 5 |
| Supplemental |  | 1 |
|  |  |  |
|  |  |  |
| **Total Required Hours** |  | 42 |
| **Total Supplemental Hours** |  | 6.5 |
| **Total Hours** |  | 48.5 |